

Prescott College Master of Arts Program



Expressive Art Therapy Summer Institute

July 25- August 8, 2010
Prescott, Arizona

Expressive Art Therapy Summer Institute

The Prescott College Expressive Art Therapy Summer Institute brings masters in the fields of Expressive Art, Music, Dance Movement, and Art Therapy together with students for an unparalleled, intensive learning experience. Participants will gain experiential knowledge of theories, applications, techniques, and methods.

The internationally-attended Institute is the core foundation for students in the Expressive Art Therapy program at Prescott College. The Institute also provides opportunities for those who want to learn more about the field of Expressive Art Therapy to gain first-hand knowledge and experience. Participants gain knowledge and skills in applying Expressive Arts in work, educational, and community settings.

"Prescott College's Expressive Art Therapy Summer Institute offers experiential learning. I danced, played drums, created art, healed, and grew alongside well-established professionals in this field".

Participant



"Plus I really enjoy coming home, seeing the names on my next batch of textbooks, and knowing that I learned from that person – I sat at their feet, if you will. It gave me a greater connection to the field of art therapy and my place in it."

Participant



Expressive Art Therapy Summer Institute Schedule

Sunday, July 25	Welcome and Orientation Intentions and Aspirations for Self and Community	9 a.m.–Noon 1–4 p.m.
Monday, July 26– Tuesday, July 27	Falling in Love with What You See	9 a.m.–4 p.m.
Wednesday, July 28– Friday, July 30	Expressive Art Therapy Seminar	9 a.m.–4 p.m.
Saturday, July 31– Sunday, August 1	Yoga and Meditation Movement Matters	9–10 a.m. 10 a.m.–5 p.m.
Monday, August 2	Studio Practice Materials and Process	11 a.m.–3 p.m.
Tuesday, August 3	The Embodied and Expressive Self	10 a.m.–4 p.m.
Wednesday, August 4– Thursday August 5	Courageous Creativity	9 a.m.–4 p.m.
Friday August 6	Materials and Media in Contemporary Art Therapy	9 a.m.–4 p.m.
Saturday August 7	Yoga and Meditation Art-Based Group Therapy	9–10 a.m. 10 a.m.–5 p.m.
Sunday August 8	Yoga and Meditation The Creative Bridge	9–10 a.m. 10 a.m.–5 p.m.

General Info

Continental breakfast is provided each morning from 8:30 to 9 a.m. Your cooperation in being ready to start promptly at 9 or 10 is appreciated.

We invite volunteers who wish to share a gift of “Morning Wellness” with Institute participants to do so between 8:30 and 9 a.m. during the weekdays. This gift could be Tai Chi, Qigong, Yoga, stretching, or another discipline of your choosing. Yoga & Meditation will be offered weekend mornings from 9 to 10 a.m. Please check with the Institute director about your volunteer offering.

In addition to the continental breakfast, lunches will be provided on site for opening day and during the weekdays of the Institute. Lunch will generally be from noon to 1 p.m. on the weekdays and from 1 to 2:15 p.m. on the weekend days. Snacks will be served each afternoon.

There will be a \$25 charge for those participants who desire CEU certificates for their learning at the Institute, payable at registration.

Many wonderful lodging options, including hotels, inns, and cottages, are available in the Prescott area. The following websites and resources may be of service for travel to and lodging in Prescott: http://www.prescott.edu/about/about_prescott_az.html.

Prescott College also offers dormitory-style housing on campus. Rates are as follows:

Agave House:	
Single Room	\$45 per night
Double (shared room)	\$35 per night
Willow House:	
Queen Bed	\$65 per night
Twin Bed (shared room)	\$40 per night

There is an additional charge for linens in Agave House. Linens are included in Willow House. To reserve housing for the Institute please email Tami Reed treed@prescott.edu or call her at (928) 350-4311.

Class Descriptions

Intentions and Aspirations for the Self and Community

Camille Smith

July 25

Based upon approaches developed by Pat Allen, students will engage in studio processes of creating intention, making art, and engaging in witness dialoging with their imagery. Intentions for self, community, and the Institute will emerge and guide the experience of the journey to come, creating a bridge that will carry through to our closing. This process serves as a foundation for interactions between each individual and their art as well as sets the standard for non-judgmental, non-analytical encounters with all that is created within the overall Institute program.

Falling in Love with What You See: Embodiment as an Entry Point to Sustainable Practice

Pat B. Allen

July 26 – 27

The experience of embodiment, being-in-a-body, provides a link between worlds. Through feeling our way into what we love and find as beautiful we unify our human and natural worlds, our inner and outer experience. This linkage has been lost by many of us in the modern world, engendering dissociation from the environment that allows our behavior to range from apathetic to destructive of the living systems of which we are a part. We substitute sensation for thought and relax into being.

This experiential workshop will introduce the Open Studio Process (OSP) as an embodied practice of close observation in the natural world. Moving our bodies through space we will rediscover awe through a method that quiets the mind and restores our bodily wisdom. We will come into intimate contact with the myriad life forms that usually elude us in our busy lives. The tools of intention and witness that are at the heart of the OSP will guide us in not only seeing, hearing, smelling, and beholding the artistry of nature but awaken our intuitive capacity to learn from nature as well.

As we co-create with what we find, we come into relationship with the natural world and our deepest self in contemplation of the interconnectedness of all life. We will practice skills of intuition and dialogue with nature and share our learning with each other.

Art making will employ natural and found materials at the site. No prior art, writing, or meditation experience is required. This workshop will have relevance for artists, therapists, environmentalists, activists, and educators.

Expressive Art Therapy Seminar

Camille Smith

July 28 – 30

The purpose of this class is for students to learn in-depth the theories and uses of Expressive Art Therapy. Students will learn applications of therapy using the modalities of art, poetry, movement, and performance with clients from different populations. Learning and skill building will take place through experiencing first hand the expressive art therapy process in combination with verbal processing and student-centered exploration and experimentation. This class will provide opportunities to explore the client relationship and develop awareness of oneself in the therapeutic relationship and the power of the expressive arts in the therapeutic process.

Movement Matters

Debra McCall

July 31- August 1

Students will have the opportunity to explore the psyche and analyze their movement using principles of Laban Movement Analysis, a dynamic system and lexicon for observing and describing movement style. The class will experience and interpret the components of transference and counter-transference and societal/cultural roles. Interpersonal dynamics, developmental movement benchmarks as a foundational matrix for clinical analysis, and choreography of psyche through myth and archetypes will be explored.

Studio Practice: Materials and Practice

Ellen Greenblum

August 2

Ellen will present on the use of art materials as a way of providing EATSI participants with a foundational understanding of the vast array of expressive art making possibilities. Participants will have the opportunity to play with an array of both conventional and unconventional materials in order to broaden the students' experiences, which in turn can add to their evolving toolkits as therapists.

The Embodied and Expressive Self: Moving into Self Awareness, Healing, and Change

Cappi Lang Comba

August 3

The body holds the story of who we are and what we can and desire to become. This is expressed through movement, the visual arts, writing, drama, and music. In all of the arts there is movement that comes through the body and is projected out into the world in a form. Cappi will show through lecture, demonstrations, and experiential activities how the body, mind, and the arts interface to contribute to healing, growth, and self-awareness and the expression of the self.

Courageous Creativity

Cathy Malchiodi

August 4 – 5

Engaging in art making not only is good for emotional wellness, it also has the potential to change our physiology and more importantly, literally create meaning, empathy, and a more positive outlook. In this course, we will explore the intersection of theories of creativity, positive psychology, mindfulness, and resilience, and how art making can lead us to a happier and more "fully engaged" life. Experiential activities, discussion, films, and applications with children and adults will be used to demonstrate the role of art and creativity in positive change for individuals, groups, and communities.

Materials and Media in Contemporary Art Therapy: A Diverse Artistic Language

Cathy Moon

August 6

In their broadest sense, materials and media used in art are the constituents through which an effect is produced, whether that effect is one of psychic or social change. This course will begin with a brief historical overview of material theory and practice in art therapy. Students will then be introduced to a theory of materiality in which meaning is negotiated within a social framework. The relevance of contemporary art materials, media, and practices to art therapy will be explored through examining the work of contemporary artists, engaging in art making, and discussing practical applications in the therapy setting.

Art-Based Group Therapy: Theory and Method

Bruce Moon

August 7

This course will explore the dynamics of art-based group therapy. Particular attention will be given to the unique healing qualities of making art with others. The course will integrate didactic presentation with experiential learning in order to identify principles of art-based group interaction.

The Creative Bridge

Camille Smith

August 8

The rich learning, the development of skills and inspiration leading to action will be integrated in this closing workshop. Conscious cultivation of gratitude will inform our reflection and integration of the many gifts received throughout the Institute. Using a variety of creative modalities we will honor the individual and collective experiences of Institute participants and ground the learning for personal and professional practice in the future.

Faculty



Camille Smith, LPC, ATR-BC, is a graduate of Lesley University. She is a licensed professional counselor and Board Certified, Registered Art Therapist. Camille has focused her professional practice on using creative expression to assist others in achieving their personal potential and maximizing wellness. Formerly Associate

Faculty for Arizona State University teaching Art Therapy courses, Camille is now in her fourth year as the Core Faculty for the Prescott College Expressive Art Therapy program. Camille devotes her time to teaching, speaking, and consulting about the use of creative expression in healing and transformation.



Pat B. Allen, Ph.D., ATR is an artist, writer, and art therapist, author of two books, *Art is a Way of Knowing* (Shambhala, 1995) and *Art is a Spiritual Path* (Shambhala, 2005). She is adjunct associate professor at the School of the Art Institute of Chicago and gives workshops throughout the country. Pat has been a primary voice in the community studio movement within art therapy and is currently coordinating an on-line image community via her website, www.patballen.com.



Cappi Lang Comba, Ph.D., ATR-BC, REAT, is a graduate of Pratt Institute in Creative Art Therapy, a licensed professional counselor, and a certified practitioner of Rubinfeld Synergy, a system for the integration of body, mind, heart, and spirit. She has been in private practice for 29 years and with Prescott College for 17 years. She is the founder of the Expressive Art Therapy Concentration and Institute and former faculty for Expressive Art Therapy and Somatic Psychology at Prescott College. She also pursues her own work in the arts.



Debra McCall C.M.A. has taught in the graduate programs of New York University, Pratt Institute, the Institute for Movement Studies in New York City, and Art Therapy Italiana in Italy. Her Body of Myth workshops on archetypes included collaborations with James Hillman and Robert Bly. Her reconstruction of the Bauhaus Dances earned numerous awards while her choreography on the myth of Psyche is central to her work. She is a fellow at the Ross Institute Academy.



Ellen Greenblum is an artist and an educator. She believes that art and life are integrally woven together and teaches in a way to help promote an aesthetic lifestyle. Ellen has worked with students of various ages and in many settings demystifying the art process in order to make art more accessible and personally

meaningful. Ellen is faculty in the Adult Degree and Graduate Programs at Prescott College and has been a part of the Expressive Art Therapy Summer Institute since its first year. She is currently completing her second year in a Master of Fine Arts Program in Interdisciplinary Arts.



Cathy Malchiodi, Ph.D., ATR-BC, LPCC, is an art therapist, independent scholar, and author who has written and/or edited numerous books on art therapy, expressive therapies, and trauma intervention. She is a faculty-researcher for the National Institute for Trauma and Loss, an adjunct faculty of Lesley University, and has given over 275 invited presentations and keynotes throughout the US, Asia, and Europe. Her current passions include writing a column called The Healing Arts for Psychology Today Online and exploring connections between art, imagination, neuroscience, and wellness.



Bruce L. Moon, Ph.D., ATR-BC, HLM is a professor, chair of the art therapy department, and the director of the graduate art therapy program at Mount Mary College. He is the author of *Existential Art Therapy: The Canvas Mirror; Essentials of Art Therapy Education and Practice; Art and Soul: Reflections on an Artistic Psychology; Introduction to Art Therapy: Faith in the Product; The Dynamics of Art as Therapy with Adolescents; Working with Images: The Art of Art Therapists; Word Pictures: The Poetry and Art of Art Therapy; Ethical Issues in Art Therapy; and The Role of Metaphor in Art Therapy*. He is currently working on a new book, *Art-Based Group Psychotherapy: Theory and Practice*. He has presented papers, workshops, and performance art events throughout the US and Canada. Dr. Moon is an active painter, singer-songwriter, and performance artist. He has recorded a number of music CDs and performs regularly at small concert venues.



Cathy Moon is associate professor and chair of the graduate art therapy program at the School of the Art Institute of Chicago, author of *Studio Art Therapy: Cultivating the Artist Identity in the Art Therapist*, and editor of *Media and Materials in Art Therapy: Critical Understandings of Diverse Artistic Vocabularies*. She has practiced art therapy for over 30 years, working with children, adolescents, and adults. A painter and mixed media artist, performance artist, writer, and curator, her professional publications and presentations in art therapy have focused on the unique contributions of an artistic perspective in therapeutic practice.

Master of Arts Program

Prescott College's Master of Arts Program (MAP) offers a unique educational experience. Students engage in self-directed, community-based education with a limited-residency requirement. This approach offers students the opportunity to design a meaningful program that is carried out with the support of full-time faculty and graduate instructors who work with you in your chosen field of study. This flexible structure allows students to maintain family, work, and community obligations.

The Expressive Art Therapy Summer Institute was developed by Dr. Cappi Lang Comba, faculty and advisor for Prescott College for 17 years and developer of the Expressive Art Therapy concentration within the Counseling Psychology program. The goal of the Institute is to provide a residency experience for the students in Expressive Art Therapy. Students are able to study with well-known professionals in Expressive Art Therapy and participate in experiential learning and supervision. The first Institute was in the summer of 2003. The Summer Institute of 2010 will be the eighth Institute. The Institute has grown each year and is now attended by not only students, but by professionals in the field of counseling and psychology who wish to add to their knowledge base.

Prescott College also offers concentrations in Equine-Assisted Mental Health, Somatic/Body-mind Therapy and Eco/Adventure Therapy. For more information about these and other concentrations within the Counseling Psychology degree program offered by Prescott College, visit www.prescott.edu.

Expressive Art Therapy Summer Institute Registration Form

Name _____

Address _____

City/state/zip _____

Daytime phone _____

Mobile phone _____

Email _____

- I would like to volunteer to share a gift of Morning Wellness
- I am a beginning MAP CP/EAT student
- I am a continuing MAP CP/EAT student
- I am enrolling in a Summer Semester 2010 EAT course

Full Institute \$1700

Individual classes

- Intentions and Aspirations \$90
- Falling in Love with What You See \$330
- Expressive Art Therapy Seminar \$500
- Movement Matters \$330
- Studio Practice: Materials and Practice \$ 165
- The Embodied and Expressive Self \$165
- Courageous Creativity \$330
- Materials and Media in Contemporary Art Therapy \$165
- Art-Based Group Therapy \$165
- The Creative Bridge \$165
- CEUs \$25

Total Enclosed _____

- VISA
- Mastercard
- AMEX
- Discover

Account Number _____ Expiration Date _____

Billing address _____ 3 or 4 Digit Verification Code _____

Name as it appears on card _____ Signature _____

Refunds:

Cancellation by June 25, 2010 – all but \$200
 Cancellation after June 25, 2010 – no refund

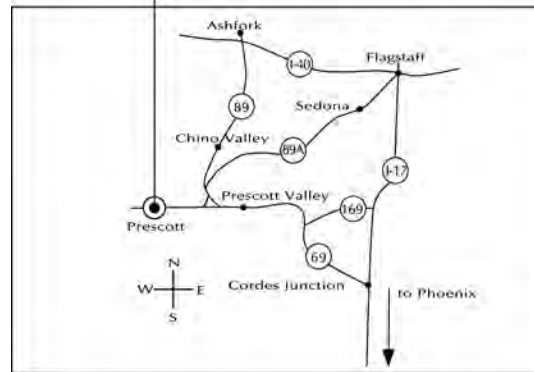
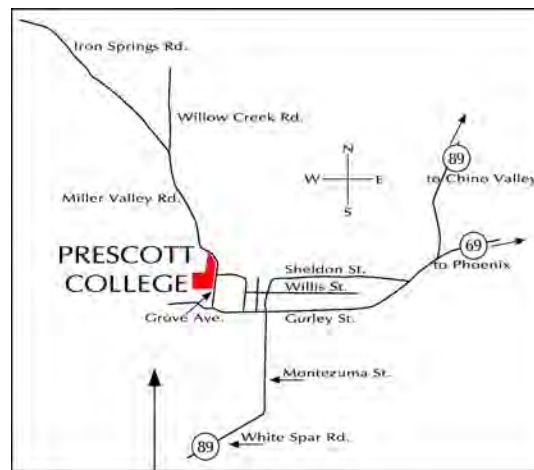
Make checks payable to Prescott College
 Mail to:
 Deb Morrison, Office of the Registrar
 Prescott College
 220 Grove Avenue, Prescott, AZ 86301

Questions? Contact Camille Smith at (602) 373-3881 or csmith@prescott.edu

Two scholarships are available. The deadline to apply is June 10, 2010. For an application email Frank Cardamone at fcardamone@prescott.edu

Should a presenter need to cancel, a qualified presenter will teach.

CLASS SIZE IS LIMITED, SO REGISTER TODAY!



How To Get Here

Prescott College is a two-hour drive from Phoenix. Take Interstate 17 north to Highway 69, Cordes Junction exit. Follow Highway 69 into Prescott. Take Gurley Street as you enter Prescott until Grove Avenue (past the Courthouse Square). Take a right on Grove Avenue and a left at the first stop light, which is Sheldon Street. The Admissions Office is located at 306 Grove Avenue.

Rental cars are available at Sky Harbor International Airport and off-site locations. Great Lakes Airlines (800) 554-5111 flies from Sky Harbor Airport to Ernest Love Airport, in Prescott. Ground transportation from Phoenix is available from Prescott Shuttle (800) 445-7978, and Shuttle U-Enterprises (800) 304-6114. Make reservations at least 24 hours in advance.